



Mesage from the President

Fernando Romão



The Martial Arts Association of the Algarve in partnership with Dento Shito Ryu Portugal invites you to participate in the Dento Shito Ryu course (Mabuni Method) in QUARTEIRA next August between the 3rd and 7th every day from 08.30 to 10.30 and from 18.00 to 20.00. Style Shito Ryu stage supervised by Masters Carlos Molina 8th Dan, Daniel Ceron 7th Dan and Anselm Sthal 7th Dan.

Quarteira, city located by the sea 10 km from City of Loulé and 25 km from Faro International Airport. Quarteira, elevated to city in 1999, paradise on the coast of the municipality of Loulé, district of Faro, with an area approximately 38 km², currently with about 30,000 population, offers you extensive golden beaches, mild temperatures where in the summer reaches around 30° to 35°. With a full entertainment on summer days, at carnival and Santos Populares Quarteira is a city worth visiting. You can also visit the Vilamoura Marina (3 km from Quarteira connected by a street also by the sea, the Roman ruins of Cerro da Vila, several tourist villages and sports spaces.



Quarteira originates from the name of Carteia, founded by the Carthaginians in 504 A. C, currently located at sea 800 meters from the coast, it is referred to in the Foral of the municipality of Loulé, granted in 1266 by D. Afonso III, as an important center of Whale fishing. Later, on November 17, 1297, in the reign of D. Dinis, Martim Marchan and 50 other settlers were granted the Foral de Quarteira, which made it a land rich in agriculture, fishing, and at that time it was a cent of tourism. for merchants and nobles where in the present Cerro da Vila there were saunas and salt baths. In 1755 the tsunami, destroyed the entire existence and reference of Quarteira. Only in the 1960s with the development of tourism in the Algarve, Quarteira became a renowned center for tourism and artisanal fishing.



Estágio Dento Shito Ryu Karate Do - Método Mabuni.
TRAINING CAMP DENTO SHITO RYU KARATE DO - MABUNI METHOD.
STAGE DENTO SHITO RYU KARATE DO - MÉTHODE MABUNI.
Curso Dento Shito Ryu Karate Do - Método Mabuni.



Carlos Molina

8º Dan Shito Ryu

Anselm Sthal

7º Dan Shito Ryu

Daniel Ceron

7º Dan Shito

Local / Place: Quarteira - Algarve - Portugal

Datas / Dates: 03/08/2020 até 07/08/2020

Horários/Schedule: 08:30 as 10:30 - 18:00 as 20:00

Organização:

DSR-P - Dento Shito Ryu Portugal
Associação de Artes Marciais do Algarve.

Apoios:

Dento Shito Ryu Europa
Camara Municipal de Loulé
Junta Freguesia de Quarteira



Time Table and Prices

2/08/ – Exames 16.00

3/8 to 7 – 08.30 às 10.30

3/8 to 7 -18.00 – 20.00

Prices

Up to 14 years 100.00

Over 15 years with registration until 30-06 150.00 euros

Registration after 1-07: 170.00 euros

Registrations are made directly on the KIMURA platform after February 25, which will be validated with the payment:

<https://www.kimura.pt/eventos>

mail 1 : estagiodentoportugal2020@gmail.com

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Dento Shito Ryu Portugal

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A.A.M.A

Secretary of Associação de Artes Marciais do Algarve

Sara Fernandez

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Hotel Zoodiaco 600 meters from the beach

Contactos. Morada: Fonte Santa 8125-618 Quarteira Portugal. Telephone: +351 289 381 420. Email: mail@hotel-zodiaco.com

Hotel AtisMar 100 meters from the beach

Avenida Francisco Sá Carneiro a 100 metros da praia

Tel.+351 289 389 771

Email: info@baratahotels.com

Hotel Quarteira Sol a 100 meters from the beach

Avenida Francisco Sá Carneiro 100 metros da praia

Tel.+351 289 317 530

Email: quarteirasol@algarvesol.pt

Hotel D.José 25 meters from the beach

Av.Infante Sagres – 20 meters from the beach

Telefone +351 289 310 210

Email: reservas@hoteldomjose.com

Camping Quarteira 600 meters from the beach

Avenida da Fonte Santa

Tel: +351 289 302 826

Email: infoquarteira@orbitur.pt



Gravetur Apartamentos in Quarteira center

reservas@garvetur.pt

T1 Paula Bela/ T1 Quarteira Mar/ T1 Torres Mira Praia – 112€/noite

T1 Carteia Plaza – 137€/noite

T2 Paula Bela/ T2 Miramar /T2 Torres Mira Praia – 137€/noite

T2 Gémeos – 177€/noite

T3 Oceânides – 221€/noite

As fotos e descrições estão disponíveis no site:

https://www.garveturholidays.com/alojamentos?check_in=15%2F01%2F2020+-+16%2F01%2F2020&adults=2&type=apartment&location=Quarteira

We can arrange transfer from the Airport to Quarteira with a special price



PLACES TO VISIT NEAR QUARTEIRA

Vilamoura

The city of Quarteira connects with Vilamoura via a pedestrian avenue by the sea. Modern, lively and sophisticated ,Vilamoura has developed around the Marina and is today one of the largest leisure resorts in Europe.

It is a tourist development built from the 1970s. But the Romans already knew this region, as the ruins of Cerro da Vila proved it, preserved in the Museum of the same name, next to the road that gives access to Falésia Beach.

Excellent hotels, villagers and internationally renowned golf courses provide a complete offer for those who want to spend a few days of rest by the sea. The marina, the largest in the country with 1300 mooring stations, is the main animation hub, not only for those arriving by boat, but for all who spend holidays in this area and come here in the late afternoon or evening to taste an ice cream or dinner. It is also the right place to shop, with a wide variety from local craft shops to the most respected international brands. And as for nightlife, there is no shortage of bars and nightclubs with the best DJs and casino de Vilamoura that can bring us the adrenaline to the red.



CITY OF LOULÉ

It is the largest municipality with 765.12 km² of area and 570 000 inhabitants, subdivided into 11 parishes. The municipality of Loulé encompasses two cities: Loulé and Quarteira. In the municipality of Loulé is located the tourist complex of Vilamoura / Quarteira

The foundation of the city is uncertain and distant in time, but there are concrete traces of Roman occupation, that the fishing center and fish salt ing of Cerro da Vila in Vilamoura are the best example, and it is known that when the Moors here arrived, in 715, there was already an important village.

It was reconquered by Christians in 1249, under D. Afonso III, having received Charter of Charter in 1266. From the Middle Ages remained the Castle, whose towers we still find in the middle of the house, as well as some wall cloths. In 1291, King D. Dinis established a fair in Loulé, making it the commercial center of the region.

Decorative Manueline details in the houses and monuments of this time that reflect it, as in the Church of St. Clement or in the Church of Mercy. Economic development came from the bet on agricultural products, especially from the dried fruits (almonds and figs) and the artisanal productions that have remained for centuries. The city was elevated in 1988.



Currently, Loulé is the economic center where coastal villages live off tourism and those within trade and agriculture. In its perimeter, it stores some of the best known tourist sites in the Algarve, such as Vilamoura or Quarteira on the coast and Salir or Alte in the interior.

Very close to the city, nature lovers will be surprised by the Classified sites of Benémola and Rocha da Pena that guard a different Algarve, still with endemic vegetation and where you can make organized tours.

The celebrations of the Loulé Carnival are one of the most famous in the country

We wait for you

O presidente,

Fernando Romão

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